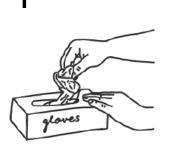
Donning and removing gloves

Always perfrom hand hygiene before and after glove use

How to don gloves

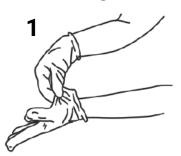


Take out a glove from its original box

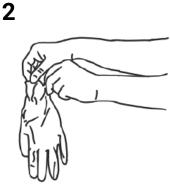


Take the second glove with the bare hand and touch only a restricted surface of glove corresponding to the wrist

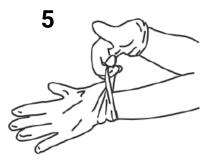
How to remove gloves



Pinch one glove at the wrist level to remove it, without touching the skin of the forearm, and peel away from the hand, thus allowing the glove to turn inside out



Touch only a restricted surface of the glove corresponding to the wrist (at the top edge of the cuff)



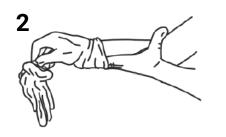
To avoid touching the skin of the forearm with the gloved hand, turn the external surface of the glove to be donned on the folded fingers of the gloved hand, thus permitting to glove the second hand



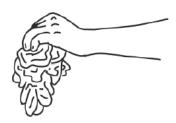
Don the first glove



Once gloved, hands should not touch anything else that is not defined by indications and conditions for glove use



Hold the removed glove in the gloved hand and slide the fingers of the ungloved hand inside between the glove and the wrist. Remove the second glove by rolling it down the hand and fold into the first glove



3

Discard the removed gloves

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Source: who.int

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